

BEATING THE SLUMP

ENJOVE



SPAM
THE
CHAT!

ENVOLVE



**If you could have one
superpower other
than flying, what
would it be?**

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**What is the best
activity your
leadership program
has done in the past
month?**

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**What activity are you
most looking forward
to in-between now
and the end of the
year?**

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**Shout out an absolute
rockstar from your
leadership program!**

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Tonight's Plan!

1

Breathe

2

Support

3

Create!

ENJOY



Breakout 1!

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Breakout 1!

- **Name**
- **School**
- **The best thing we've done so far this year!**

Tonight's Plan!

1

Breathe

2

Support

3

Create!

ENJOY

**It is totally OK to take
time for yourself this
time of year.**

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**If you haven't given
yourself permission to
do so, tonight is an
awesome chance to
start!**

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Self Care Start!

● **Hobby Pick-Up!**

● **Pet Time!**

● **Hot Chocolate Social**

ENJOY

Self Care Start!

● **Hobby Pick-Up!**

● **Pet Time!**

● **Hot Chocolate Social**

● **You Time!**

● **Spring Cleaning!**

● **Sleep, Sleep, Sleep!**

ENJOY

Self Care Start!

● **Hobby Pick-Up!**

● **You Time!**

● **Commitment
Boundarites**

● **Pet Time!**

● **Spring Cleaning!**

● **Lunch Picnics!**

● **Hot Chocolate Social**

● **Sleep, Sleep, Sleep!**

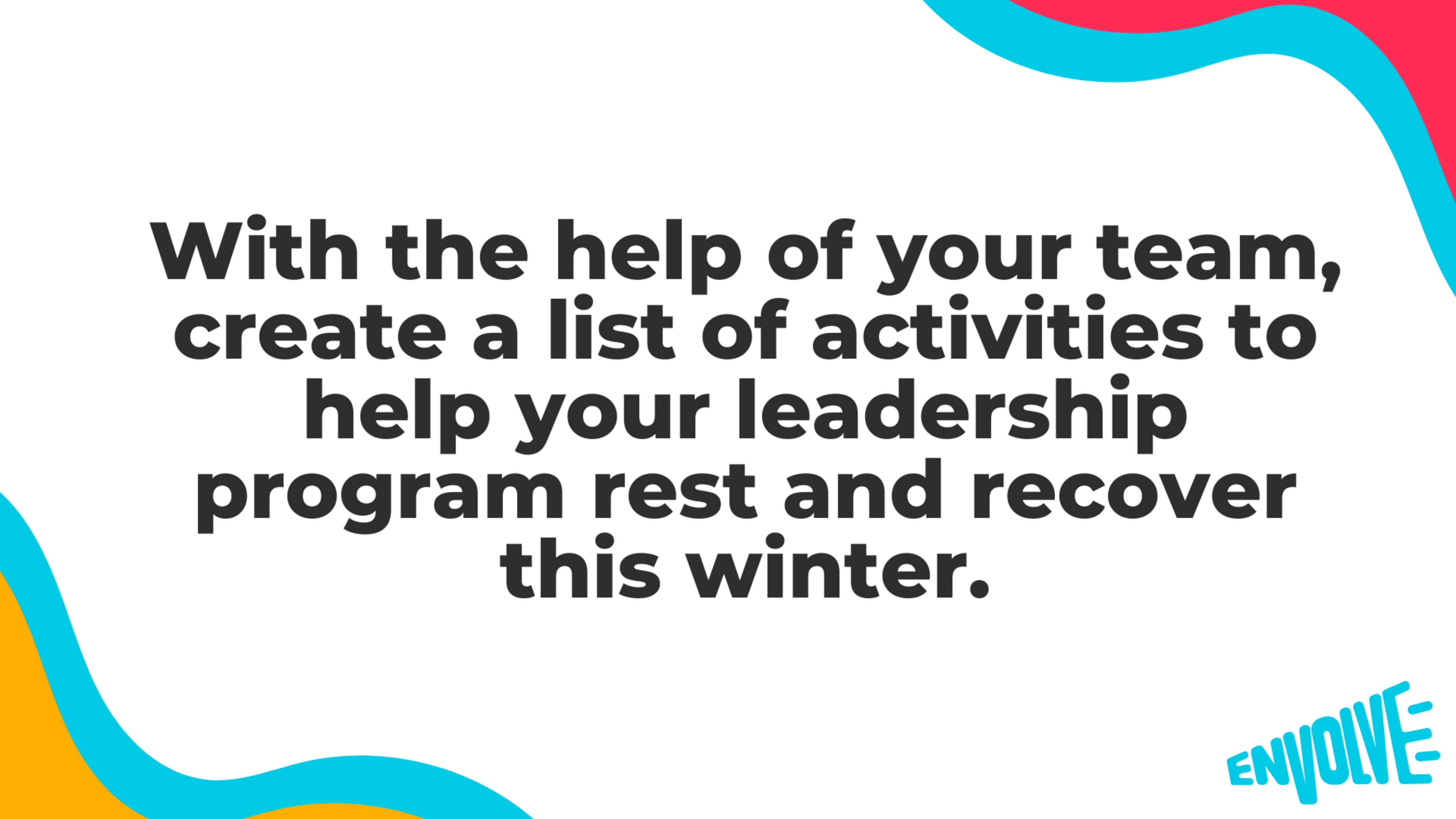
● **Disconnect to
Connect**

ENJOY



Breakout 2!

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**With the help of your team,
create a list of activities to
help your leadership
program rest and recover
this winter.**

ENVOLVE

Tonight's Plan!

1

Breathe

2

Support

3

Create!

ENJOY



Summer

Winter

Spring

ENJOY



Summer

Homecoming

Dances

Large Events

Fall Sports

Winter

Spring

ENVOLVE

Summer

Homecoming

Dances

Large Events

Fall Sports

Winter

Spring

Prom

Graduation

Award Ceremonies

Excitement

ENJOY

Summer

Homecoming

Dances

Large Events

Fall Sports

Winter

?

Spring

Prom

Graduation

Award Ceremonies

Excitement

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**What if we dedicated this
winter to showing kindness
and giving everyone on
campus recognition?**

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Recognizing Students

● **Sip and Study**

● **Support Stations**

● **Teacher Notes!**

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Recognizing Students

● **Sip and Study**

● **Support Stations**

● **Teacher Notes!**

● **Sundae Funday**

● **The Lounge**

● **Morning Shoutouts**

ENJOVE

Recognizing Students

● **Sip and Study**

● **Sundae Funday**

● **Self-Appreciation
Day**

● **Support Stations**

● **The Lounge**

● **Study Buddies!**

● **Teacher Notes!**

● **Morning Shoutouts**

● **Club Hype Videos!**

ENVOLVE

Recognizing Staff

● **Letters of Rec!**

● **Morning Cup**

● **The BEST Book**

ENJOY

Recognizing Staff

● **Letters of Rec!**

● **Morning Cup**

● **The BEST Book**

● **Office Takeover**

● **Your Barista!**

● **Admin Approval**

ENJOVE

Recognizing Staff

- **Letters of Rec!**
- **Office Takeover**
- **Whiteboard Surprise**
- **Morning Cup**
- **Your Barista!**
- **Sub Bags!**
- **The BEST Book**
- **Admin Approval**
- **Bookkeeper Bliss**

**What if our programs
became obsessed with
creating meaningful
surprises for our students
and staff this winter?**

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Breakout 3!

ENJOY



**With the help of your team,
create a set of supportive
activities for both students
and staff this winter.**

Be ready to share!

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Tonight's Plan!

1

Breathe

2

Support

3

Create!

ENJOY

**The best new events are a
direct response to the
needs of your students.**

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Food for thought...

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Food for thought...

- **Homecoming works because of fall sports and back-to-school excitement.**

Food for thought...

- **Homecoming works because of fall sports and back-to-school excitement.**
- **Prom/spring dances work because they directly lead into summer and award season**

Food for thought...

- **Homecoming works because of fall sports and back-to-school excitement.**
- **Prom/spring dances work because they directly lead into summer and award season**
- **What would a new winter tradition look like?**



Breakout 4!

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**With the help of your crew,
create a new tradition
specifically designed to
meet the needs of students
this winter.**

Be ready to share!

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