# WINTER ACTIVITIES THAT WORK! DISCUSSION QUESTIONS



## Thank you so much for joining us! Please use the questions below as a tool for guided discussion and activity creation!

### **Filling Your Cup**

- 1. How can you make self-care a priority for yourself while managing your leadership responsibilities?
- 2. What's one new idea from today's session that you'd like to share with your leadership team to help them recharge?
- 3. What activities or practices help you recharge so you can continue to support others effectively?

#### **Kindness for Everyone**

- 1. How can we create more moments of kindness and connection on campus this winter?
- 2. Which kindness initiatives from the session do you think would resonate most with your peers?
- 3. How can your team identify and support students who feel disconnected or overlooked?

### **Thinking Big!**

- 1. What's one bold new idea or event you'd love to try at your school this spring?
- 2. How can your team use the "M.A.P. It Out" strategy to turn big ideas into actionable plans?
  - a. Moments: What are the key moments you want to create?
  - b.Allies: Who can help you make these moments successful?
  - c. Plan: What's the first step to get started?
- 3. What's one big goal your leadership team can set for the remainder of the school year?