

ACTIVITIES

FOR

EVERYONE

[www.ENVOLVESchools.com](http://www.ENVOLVESchools.com)

## **Our philosophy -**

**School culture is the baseline of emotional connection a student population feels toward their school's identity.**

**In order to foster a high level of emotional connection, student council and ASB programs work to establish shared experiences through campus activities.**

**The better the experience, the more connected students feel.**

**An individual's likelihood of participating in shared experiences is directly linked to the trust they have in their culture.**

**Let's gain trust.**

## ***“You Are Loved!”***

### **Pick-Me-Ups**

Every student deserves to feel loved and appreciated. Just before the end of class, have student leaders create small notes filled with kind messages. On the outside of each folded note, write the phrase “Pick Me Up!”. Finally, have your leaders spread these messages on the floor of hallways during passing period!

### **Mascots Give The Best Hugs**

Looking to spread some fun and silly compassion on campus? Ask one of your student leaders to dress as your school’s mascot. Before classes, during lunch, or even after school, have them stand in a busy area of campus holding a sign reading “I give better hugs than (RIVAL MASCOTS NAME)!” You’ll be stunned at the laughter and memories formed through this activity!

### **Keep Looking Up!**

Have your leaders write short, encouraging messages on small 3x5 index cards. Tape these messages to various ceilings around campus. Finally, hang posters around school with the phrase “Keep Looking Up” written in bold letters. Students will have a blast looking up and seeing kind messages around campus!

### **Resources For Students, By Students**

Everyone deserves access to valuable mental health resources. With the help of your leaders, establish a small bulletin board filled with supportive information. This board can expand and grow throughout the year to assist anyone who might need it!

### **Pro Tips**

Want to spread positivity at the beginning of the school year? Ask your leaders to write helpful tips and useful info about the school on note cards. Fold each card in half and write the phrase “Pro Tip!” on the front. Finally, hang these note cards on walls for students to utilize during the first weeks of the school year!

## ***“We Believe In You!”***

### **Alumni Encouragement**

Ready for a simple activity that your athletes will remember forever? Before a big game, contact local alumni and ask for them to film short cell phone videos of encouragement. About 2 hours before the game begins, send each team member an individualized video encouraging them for the big night!

### **Did You Know?**

While sports like football and basketball receive endless recognition, there are plenty of groups on campus who deserve the spotlight! In the middle of the year, create a social media campaign designed to show off lesser-known student achievements. Each day of the week, post a picture of a student or group highlighting their unique accomplishments so far during the year!

### **Quick Reminder**

Just before the start of finals or standardized testing, have your leaders go over the PA system to make a special announcement. This announcement can encourage students to breathe, relax, and remember that you’re all in this together!

## **Bus Boosters**

Have an away game coming up? Without telling the team, gain access to their school bus/van and decorate it with good luck messages! This simple gesture of kindness is a GREAT way to send athletes off with a smile!

## ***"We're Glad You're Here!"***

### **Special Spot**

This is one of our favorite ways to welcome students and staff with a smile! Using poster paper, create signs that read "Saved for Someone Special". Tape each sign to a large, orange traffic cone. Finally, have your leaders block off popular parking spaces on campus with their cones. Each time someone tries to park, pull the cone, wave them in, and welcome them with a smile!

### **Substitute Surprise**

Great subs are hard to come by. Once a week, have your leaders surprise substitutes with a kind note, a snack, and a smile! This low-burden activity is an incredible way to spread positivity all over campus!

### **Spirit Station**

Everyone should have access to spirit days. During your next themed week, set aside a table with free spirit gear for students! This table can include face paint, necklaces, hats, beads, or even t-shirts!

### **Morning Shout-Outs**

Tired of the same old morning announcements? Let's switch it up! Contact teachers on campus and ask for them to spotlight various students through a voice memo. Once per announcement cycle, play a spotlight for students to enjoy!

### **Transfer Treats**

Transfer students traditionally feel more isolated than just about every other group on campus. Rather than simply hoping for the best, let's be intentional about welcoming them with open arms! Once per month, set up a lunchtime get-together specifically for new transfer students to mingle with leaders, get information on activities, and get connected to campus!

## ***"Keep Your Head Up!"***

### **The Good Vibes Cart**

This is an ENVOLVE classic! Once per month, load up a utility cart with snacks, kind notes, and a Bluetooth speaker. During passing period, have your leaders roll around the cart for all to enjoy!

### **Truly Motivational**

Ready for an activity that will fill your students' hearts and leave them laughing? Just before finals, enlist the help of a local elementary school. Ask classrooms of 1st and 2nd grade students to write motivational posters for your students during finals! While 6-7 year olds might not know exactly how to motivate teenagers, they're experts at trying their best! Once your posters are completed, hang them around campus for students to enjoy! Your school will be buzzing with positivity!

### **Rest and Recharge**

Testing season can easily be one of the most stressful times of the year for students. During predetermined breaks and passing periods, set up "recharge stations" for students to enjoy. These stations can be filled with snacks, drinks, and even kind notes!

### **Office Slip Surprise!**

Have you ever received a note from the office and felt instant stress? Let's change that! Using your office's current check-out slips as a sizing guide, create encouraging notes for students on campus. Staple each to an existing slip for students to enjoy throughout the year!

### **Kindness Doesn't Retire**

Ready for an activity that will really warm your heart? During the winter months, establish a letter writing exchange with a local retirement home. Students can write encouraging messages in the winter, while local retirees will return the favor during spring testing season!

## ***"This School Is Special!"***

### **Cultural Candy Walk**

Looking for an inclusive activity to celebrate your students' cultures? During a warmer month of the year, encourage students to set up tables filled with candy from their cultures! This easy approach allows students to ask about other backgrounds, connect with different students, and enjoy some delicious snacks!

### **Leave Your Mark**

Have a large wall on campus? Each spring, allow graduating/outgoing students to paint their name (and a small picture) for all to see! This can easily be established as a tradition students will look forward to each year!

### **Chalk It Up**

During back-to-school season, host an interclub competition to draw the best chalk mural of your school's mascot. Be sure to host the event in an open area filled with good music, snacks, and great vibes!

### **Story Time**

Sick of the same old spirit days? Just before summer, invite a well-loved local elementary school teacher to campus to read a children's story! Students can bring blankets, chairs, or even beach towels to listen and reminisce.

### **You Crushed It!**

The week after testing can feel especially draining for students. To help, select a day the following week to surprise students with some moments of praise! Hand out hot chocolate, place kind messages around campus, and even play music during passing periods. The more we can do to show appreciation, the better!