

From Bad to Better!

Creating Encouraging Events During Difficult Stretches of the School Year

ENVOLVE

Tonight's Plan



Rest &
Recover



Recognize &
Support



Encourage &
Uplift



Plan &
Create

ENVOLVE

Tonight's Plan



**Rest &
Recover**



**Recognize &
Support**



**Encourage &
Uplift**



**Plan &
Create**

ENVOLVE

**You and your fellow leaders
have given a lot this
semester.**

**This school year has leaders
feeling like it's March in
November.**

**As a friend, I have some
harsh advice for you...**

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**YOU DESERVE
TO PRIORITIZE
YOURSELF
MORE!**

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This Fall, You've...

ENVOLVE

This Fall, You've...
Worked Hard

ENVOLVE

The background is a solid light blue color. It features several large, overlapping, organic shapes in a darker blue and a bright orange. In the top left corner, there is a small white circle. The text is centered in the upper half of the image.

This Fall, You've...

Worked Hard

Stressed Constantly

A bright orange, irregular blob-like shape located in the bottom right corner of the image.

ENVOLE



This Fall, You've...

Worked Hard

Stressed Constantly

Lost Sleep

ENVOLVE

This Fall, You've...

Worked Hard

Stressed Constantly

Lost Sleep

Arrived Early

ENVOLVE

This Fall, You've...

Worked Hard

Stressed Constantly

Lost Sleep

Arrived Early

Stayed Late

ENVOLVE

This Fall, You've...

Worked Hard

Stressed Constantly

Lost Sleep

Arrived Early

Stayed Late

Altered Traditions

ENVOLVE

This Fall, You've...

Worked Hard

Stressed Constantly

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Arrived Early

Stayed Late

Altered Traditions

Pivoted Constantly

ENVOLVE

This Fall, You've...

Worked Hard

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Pivoted Constantly

Created New Activities

ENVOLVE

**Part of taking good care of
others is taking great care
of yourself.**

1

Personal Care

2

Advisor Care

3

Program Care

ENVOLVE



1

Personal Care



2

Advisor Care



3

Program Care



ENVOLE

Physical

Physical Emotional

ENVOLVE

Physical Emotional Professional

ENVOLVE

Physical
Emotional
Professional
Psychological

ENVOLVE

1

Personal Care

2

Advisor Care

3

Program Care

ENVOLVE

**Your advisors have had the
hardest 3-month start to the
school year in the history of
education!**

This Fall, They've...

ENVOLVE

This Fall, They've...

Worked Hard

ENVOLVE



This Fall, They've...

Worked Hard

Stressed Constantly

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Pivoted Constantly

Created New Activities

ENVOLVE

**Your advisors deserve some
rest, appreciation, and
relaxation.**

The background is a vibrant blue with several large, semi-transparent circles of varying shades of blue. In the corners, there are smaller orange circles and white, teardrop-like shapes.

A Challenge...

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1

Personal Care

2

Advisor Care

3

Program Care

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**You and your fellow leaders
deserve some planning-free
time together**

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Simple Leadership Team Activities

ENVOLVE

Simple Leadership Team Activities

Group Meals

ENVOLVE

Simple Leadership Team Activities

Group Meals

Game Night

ENVOLVE

Simple Leadership Team Activities

Group Meals

Game Night

Group Meditation

ENVOLVE

Simple Leadership Team Activities

Group Meals

Game Night

Group Meditation

Pets in the Park

ENVOLVE

Simple Leadership Team Activities

Group Meals

Game Night

Group Meditation

Pets in the Park

Morning Coffee

ENVOLVE

Simple Leadership Team Activities

Group Meals

Game Night

Group Meditation

Pets in the Park

Morning Coffee

"Party Like We're 5!"

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Simple Leadership Team Activities

Group Meals

Game Night

Group Meditation

Pets in the Park

Morning Coffee

"Party Like We're 5!"

Leadership Olympics

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Breakout 1!

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Breakout 1!

In 5 minutes, create & plan a "Self-Care Saturday" for you and your fellow leaders.

Tonight's Plan



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Encourage &
Uplift



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ENVOLVE

**Who at your school is
feeling the most stressed
and/or overwhelmed?**

**What is currently causing
the most stress for
students?**

**What is currently causing
the most stress for staff?**

**Students and staff are
currently stressing about a
lot of the same things.**

**How can we
help?**

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**Spirit is often about the BIG
things.**

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**Support is all about the
small things.**

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Upcoming Testing/Grades

ENVOLVE

Upcoming Testing/Grades

Hidden Encouragement

ENVOLVE

Upcoming Testing/Grades

**Hidden Encouragement
"Extra Instructions"**

ENVOLVE

Upcoming Testing/Grades

Hidden Encouragement

"Extra Instructions"

Morning Shoutouts

ENVOLVE

Upcoming Testing/Grades

Hidden Encouragement

"Extra Instructions"

Morning Shoutouts

Eat & Decompress

ENVOLVE

Upcoming Testing/Grades

Hidden Encouragement

"Extra Instructions"

Morning Shoutouts

Eat & Decompress

Teachers in the Field

ENVOLVE

Upcoming Testing/Grades

Hidden Encouragement

"Extra Instructions"

Morning Shoutouts

Eat & Decompress

Teachers in the Field

Library, Transformed

ENVOLVE

Upcoming Testing/Grades

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"Extra Instructions"

Morning Shoutouts

Eat & Decompress

Teachers in the Field

Library, Transformed

Breakfast Cram

ENVOLVE

Upcoming Testing/Grades

Hidden Encouragement

"Extra Instructions"

Morning Shoutouts

Eat & Decompress

Teachers in the Field

Library, Transformed

Breakfast Cram

Notes Exchange

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Post-Fall Blues

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Post-Fall Blues

Club Reconnect

ENVOLVE



Post-Fall Blues

Club Reconnect Organizational Roundtable



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Post-Fall Blues

**Club Reconnect
Organizational Roundtable
Winter Fest!**

ENVOLVE

Post-Fall Blues

**Club Reconnect
Organizational Roundtable
Winter Fest!
Competitions Galore!**

ENVOLVE

Post-Fall Blues

**Club Reconnect
Organizational Roundtable
Winter Fest!
Competitions Galore!
Art Everywhere**

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Upcoming Holidays

ENVOLVE

Upcoming Holidays

Door Decorating

ENVOLVE

Upcoming Holidays

Door Decorating
Winter Wishes

ENVOLVE

Upcoming Holidays

Door Decorating

Winter Wishes

Family Support

ENVOLVE

Upcoming Holidays

Door Decorating

Winter Wishes

Family Support

Club Exchange

ENVOLVE

Upcoming Holidays

Door Decorating

Winter Wishes

Family Support

Club Exchange

Elementary Visits

ENVOLVE

Breakout 2!

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Breakout 2!

Create a week of simple stress relief for your students and staff members with less than 50 dollars!

Tonight's Plan



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Create

ENVOLVE

**This year has been filled
with heroes.**

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Activities as moments.

Moments of Gratitude

Teacher Shoutouts

Custodian Celebration

New Staff Gratitude

Substitute Surprises

Individual Student Thank-You's

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Moments of Celebration

Recognizing Outstanding Clubs

Recognizing Improvement

Recognizing Underrepresented Sports

Celebrating Organizational

Accomplishments

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Acts of Service

Make-a-Wish

Local Park Cleanup

Elementary Rejuvenation Project

Leaf Cleanup

"Your Friendly Neighbor"

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Breakout 3!

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Breakout 3!

Who is one hero we can celebrate this winter? How can give thanks for their incredible work?

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